

Judo Club Stroossen welcomes you to its

AUTOPOLIS

INTERNATIONAL JUDO TRAINING CAMP

U13-U15-U18

(born 2012-2006)

with

ARTHUR CLERGET

State-qualified psychomotrician
State-qualified teacher in Judo
National judo educator at the FFJ
Ex-international of the French National team

Daily rate 40 € / Full camp 70 €

Coach fee: 15 € / day (1 free coach for every 4th athlete)
included : 2 trainings per day and lunch

04 & 05 MARCH 2023

Registration deadline: 24.02.2023

judoclubstroossen@gmail.com



CENTRE NATIONAL DES ARTS MARTIAUX
297, RUE DE RECKENTHAL, L-2410 STRASSEN, LUXEMBOURG

AUTOPOLIS INTERNATIONAL JUDO TRAINING CAMP

U13-U15-U18

(born 2012-2006)

SATURDAY
04/03

8h30 - 10h00
Täiso Continuing Education*

10h00 - 12h00
JUDO NEWAZA

12h00 - 14h00: Lunch

14h00 - 16h00
JUDO TACHIWAZA

16h00 - 18h00
Täiso Continuing Education*



ARTHUR CLERGET

SUNDAY
05/03

8h30 - 10h00
Täiso Continuing Education*

10h00 - 12h00
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12h00 - 14h00: Lunch

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JUDO TACHIWAZA

16h00 - 18h00
Täiso Continuing Education*



*A continuing education for coaches, co-organised by ENEPS and FLAM/Judo, on the subject of Täiso will take place in parallel, respectively before and after the training sessions of the camp.
Free participation | Registration: www.enepts.lu | Info? wolfgang.amoussou@judo.lu



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La Farinella
RESTAURANT - PIZZERIA

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