

### Schedule Session No. 1 - Matin

15.01.2023 - 9:00

Warmup: 8:00 until 8:50

Officials Meeting: 8:00

9:00	1.	200m Medley	Women	Timed Final	Open	0:15	3 Heats	13
9:15	2.	200m Medley	Men	Timed Final	Open	0:25	7 Heats	32
9:40	3.	100m Breaststroke	Women	Timed Final	Open	0:15	7 Heats	31
9:55	4.	100m Breaststroke	Men	Timed Final	Open	0:25	10 Heats	47
10:20	Break 15 minutes + Medal ceremony							
10:35	5.	400m Freestyle	Women	Timed Final	12 +	0:15	2 Heats	8
10:50	6.	400m Freestyle	Men	Timed Final	13 +	0:25	4 Heats	19
11:15	7.	100m Backstroke	Women	Timed Final	Open	0:15	7 Heats	34
11:30	8.	100m Backstroke	Men	Timed Final	Open	0:20	9 Heats	44
11:50	Medal ceremony							
11:50	End of session				Total duration	2:50		

### Schedule Session No. 2 - Après-midi

15.01.2023 - 14:15

Warmup: 13:30 until 14:10

Officials Meeting: 13:30

14:15	9.	50m Freestyle	Women	Timed Final	Open	0:10	9 Heats	45
14:25	10.	50m Freestyle	Men	Timed Final	Open	0:20	16 Heats	77
14:45	11.	200m Breaststroke	Women	Timed Final	Open	0:15	3 Heats	13
15:00	12.	200m Breaststroke	Men	Timed Final	Open	0:15	3 Heats	12
15:15	13.	100m Medley	Women	Timed Final	Open	0:10	5 Heats	24
15:25	14.	100m Medley	Men	Timed Final	Open	0:25	10 Heats	46
15:50	Break 15 minutes + Medal ceremony							
16:05	15.	50m Backstroke	Women	Timed Final	Open	0:10	5 Heats	24
16:15	16.	50m Backstroke	Men	Timed Final	Open	0:10	9 Heats	42
16:25	17.	100m Freestyle	Women	Timed Final	Open	0:20	9 Heats	44
16:45	18.	100m Freestyle	Men	Timed Final	Open	0:30	13 Heats	65
17:15	19.	4 x 50m Medley	Women	Timed Final	Open		1 Heat	1
17:15	20.	4 x 50m Medley	Men	Timed Final	Open	0:10	2 Heats	6
17:25	Presentation of medals and cups							
17:25	End of session				Total duration	3:10		