

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7	Sunday 8
HOLIDAYS	HOLIDAYS	HOLIDAYS	HOLIDAYS	HOLIDAYS	HOLIDAYS	HOLIDAYS
	OFF ICE DRY LAND KOCKELSHOUER 18:45-20:00 U7-U20	OFF ICE DRY LAND KOCKELSHOUER 18:45-20:00 U7-U20	OFF ICE DRY LAND KOCKELSHOUER 18:45-20:00 U7-U20			TRAINING RINK: 8:00-9:00 Individual training (H) Yuri 9:00-10:00 LFHG Learn-To-Play (no kids) (T) 10:00-10:15 Ice 10:15-11:15 LFHG Learn-To-Play U7+U9 (H) 11:15-11:30 Ice 11:30-13:00 U11 (H) 13:15-13:30 Ice 13:30-15:00 U13 (3+4) PUBLIC RINK: 14:30-16:00 U15 (H) 16:00-16:15 Ice 16:15-17:45 U17/20 (3+4) 17:45-18:00 Ice 18:00-19:00 U7+U9 (H)
9	10	11	12	13	14	15
HOLIDAYS	HOLIDAYS	HOLIDAYS	HOLIDAYS	HOLIDAYS	HOLIDAYS	HOLIDAYS
TRAINING RINK: 15:00-16:00 U7/U9 (H) 16:00-17:15 U13 (3+4) 17:15-17:30 Ice 17:30-18:30 U11 (H) PUBLIC RINK: 18:15-19:15 U15 (3+4) 19:15-19:30 Ice 19:30-20:30 U17/20 (H)	PUBLIC RINK: 09:00-10:00 Individual training (H) 10:00-11:00 U7/U9 (H) 11:00-11:15 Ice 11:15-12:30 U11/U13 (H) 12:30-13:45 U15/U17/20 (H) 14:00-14:15 Ice 14:15-15:15 U7+U9 (H) 15:15-16:30 U11 (H) 16:30-16:45 Ice 16:45-18:00 U15 (1+2) 18:00-19:15 U17/20 (3+4) TRAINING RINK: 18:45-19:45 U13 (H)	PUBLIC RINK: 09:00-10:30 U11/U13 (H) 10:30-12:00 U15/U17/20 (H) 12:00-12:15 Ice 12:15-13:15 U7/U9 (H) 14:15-15:45 U17/20 (H) 15:45-16:00 Ice 16:00-17:15 U15 (3+4) 17:15-18:15 U7/U9 (H) 18:15-18:30 Ice 18:30-19:30 U11 (3+4) 19:30-20:30 U13 (H)	PUBLIC RINK: 10:00-11:30 Individual training (H) 11:30-11:45 Ice 11:45-13:00 U7/U9 (H) 14:00-15:15 U11 (H) 15:15-15:30 Ice 15:30-16:45 U13 (3+4) 16:45-17:00 Ice 17:00-18:15 U17/20 (H) 18:15-19:15 U15 (3+4)	PUBLIC RINK: 9:00-10:30 Individual training U11-U20 (H) 10:30-10:45 Ice 10:45-11:45 U7/U9 (H) 13:00-14:15 U13 (H) 14:15-14:30 Ice 14:30-15:45 U17/20 (1+2) 15:45-17:00 U15 (3+4) 17:00-17:15 Ice 17:15-18:15 U7/U9 (H) 18:15-19:15 U11 (H)	TRAINING RINK: 10:00-11:15 U13 (H) 11:15-11:30 Ice 11:30-13:00 U15 (1+2) 13:00-13:15 Ice 13:15 U11 Plateau Lux (H+T+3+4) 15:15-15:30 Ice 15:30-16:45 U17 (1+2) 16:45-17:00 Ice 17:00-18:00 U7+U9 (H) PUBLIC RINK: 16:15-18:00 Individual training (3+4)	7:30-8:30 Individual training (H) 8:30-9:30 U11 (T) 9:30-9:45 Ice 9:45-10:45 U9 (H) 10:45-11:45 U7 (H) + TRYOUTS (H) 11:45-12:00 Ice 12:00-13:00 U17 (3+4) 13:00-13:15 Ice 13:15 U13B Lux-Epinal 2 (H+T) U13A HC Marnais-Lux 12:45 (in Chalons)
16	17	18	19	20	21	22
DRYLAND / INDOOR GYM 17:45-19:00 U13 (Kiem)	14:15-15:15 U7+U9 (H) 14:45-15:45 U11-U20 (3+4) 18:15-19:15 U13(3+4) 19:15-20:15 U15(H)+U17/20 (1+2) DRYLAND / INDOOR GYM 17:30-19:00 U11 (Lavandier)	6:15- 7:15 Individual training (H)	19:00-20:15 U13(H)+U15(1+2)	6:15- 7:15 Individual training (H) 18:15-19:00 U7+U9 (H) 19:00-19:45 U11 (H) 20:00-21:00 U18 National (T)	13:15-14:15 U11 (H) 14:15-15:15 U17 (T) 15:15-15:30 Ice 15:30 U15 Warm up 15:45 U15 Lux - EH 68 1 (H+1+2) U13B Besançon-Lux 17:00 DRYLAND / INDOOR GYM 8:30-9:30 Individual (Clausen) 9:30-10:45 U17 (Clausen) 11:00-12:00 U7+U9 (Clausen)	7:30-8:30 Individual training (H) Yuri 8:30-9:30 U11 (T) 9:30-9:45 Ice 9:45-11:00 U9 (H) 11:00-12:00 U7 (H) + TRYOUTS (H) 12:00-12:15 Ice 12:15-13:30 U17 (3+4) 13:30-13:45 Ice 13:45-15:00 U15 (T) U13A Plateau Epinal 12:00 U13B Plateau Chalons 12:45
23	24	25	26	27	28	29
DRYLAND / INDOOR GYM: 17:45-19:00 U13 (Kiem)	14:15-15:15 U7+U9 (H) 14:45-15:45 U11-U20 (3+4) 18:15-19:15 U13(3+4) 19:15-20:15 U15(H)+U17/20 (1+2) DRYLAND / INDOOR GYM: 17:30-19:00 U11 (Lavandier)	6:15- 7:15 Individual training (H)	19:00-20:15 U15(H)+U17/20(1+2)	6:15- 7:15 Individual training (H) 18:15-19:00 U7+U9 (H) 19:00-19:45 U11 (H) 20:00-21:00 U18 National (T)	13:15-14:15 U11 (H) 14:15-15:15 U13 (T) 15:15-15:30 Ice 15:30 U17 Warm up 15:45 U17 Lux - HC Marnais (H+1+2) DRYLAND / INDOOR GYM: 8:30-9:30 Individual (Clausen) 9:30-10:45 U15 (Clausen) 11:00-12:00 U7+U9 (Clausen)	7:15-8:15 Individual training (H) Yuri 8:15-9:15 U7+U9 (H) 9:15-9:30 Ice 9:30 U13B Lux-Amneville (T+1+2) 11:00-11:15 Ice 11:15 U13A Lux-Bel/Besançon (H+3+4) 12:45-13:00 Ice 13:00 U15 Warm up 13:15 U15 Lux - Strasbourg (T+1+2)
30						
DRYLAND / INDOOR GYM: 17:45-19:00 U13 (Kiem)						