

Luxembourg Huskies COVID 19 Rules

As you know, the Covid 19 pandemic is still ongoing and the new season will be impacted by the situation.

We have received guidelines from the rink management (see Appendix 1). Based on these guidelines, the Board has prepared specific rules applicable to players, coaches, team managers, officials and parents participating (each a "Participant") in the Luxembourg Huskies Ice Hockey Club ("Club"). Each Club Participant is expected to comply with these rules to avoid any infection and to allow the club to function as normally as possible.

The "2m distance" social distancing rule is only relaxed on the ice as the sport by its nature does not allow it. However, the "2m distance" social distancing rule continues to apply between people that are not participating in the sport directly, as well as to players when not directly engaged on the ice.

In case one of these Covid 19 rules is in contradiction with the rink's internal rules or code of conduct these Covid 19 rules will prevail until other information is provided. Considering the dynamic nature of the pandemic, and its unprecedented impact on sporting activities, these rules are likely to be further developed by the Board in order to ensure achievement of the above objectives.

Rules for all

Please stay away from training and games (including parents transporting players to the rink) if:

- o you have been in contact with a currently infected person within the previous 14 days,
- o you have (or have had, in the previous 48 hours) any symptoms of a respiratory disease. This could include a temperature over 37.5 C without the use of fever-reducing medicine (e.g. paracetamol, ibuprofen etc.).

In case the above applies to you, please also notify the Club as soon as possible by telephone or e-mail.

All Participants must follow the instructions of Club officials, especially Covid Monitors, in order to ensure compliance with these rules.

Failure by any Participant to follow the rules can lead to the individual, but also the team or the Club as a whole, being excluded from the rink for the entire season. Therefore, in the interests of all Participants and the Club as a whole, the Club reserves the right to exclude from Club activities any Participant who does not follow the rules.

Rules for Players

Players must do their best to come to the rink for training or games already dressed (except skates) and avoid use of changing rooms. If changing rooms must be used please note:

- o Capacity in the changing room is limited (10 players max in a room) and will be made available if necessary, on a first come, first served basis.
- o If the changing room reaches capacity, access to further players will be blocked.
- o Therefore, in the interests of all players, it is best to avoid using the changing rooms entirely!

Any player needing the changing room will be personally responsible for disinfecting the space before they use it. Players will be responsible for bringing their own antibacterial wipes for this purpose.

During the period of Covid 19 restrictions, the indoor space around the rink will be available for changing. The rink intends to install benches. But again, this space should ideally be used only for putting on skates.

Players must wear a mask inside the rink (including the changing room) unless on the ice. Masks may be removed before going on the ice and put somewhere secure (e.g. attached to the player's water bottle). Masks must not be left on surfaces such as tables or the floor!

Regarding equipment,

- o Each player must bring their own water bottles. and drink only from their own bottle and not from the tap.

Players should enter the rink shortly before their ice time (just in time to put skates on) and in any event not more than 15 minutes prior to their ice time. No playing or other activity and no extended waiting inside the rink is allowed.

After training and games, please minimize the use of changing rooms. Showers will not be available under any circumstances! Please be ready to remove skates and leave the indoor rink as soon as possible after coming off the ice and change and shower at home.

During games, additional rules may apply, including:

- o Players must not remove their helmet and gloves
- o Player s cannot shake hands at the start and end of the game (bump gloves instead.)

Rules for Parents

Parents must stay outside the rink and are not allowed indoors. For younger children requiring additional assistance, the Covid Monitor may be able to help, but under no circumstances will parents be allowed to enter the rink. As soon as kids are on ice, TM and Covid Manager will also be required to leave the rink. Parents can only help children dress and put on skates outside the rink building (the rink intends to install benches).

Please ensure compliance by your children with these rules. Please:

- o Do your best to ensure that children come to the rink fully dressed (other than skates)
- o Ensure your children only enter the rink shortly before their ice time.
- o Ensure your children bring their own water bottles

- o If your children must use the changing rooms, equip them with antibacterial wipes to disinfect the place they will use.
- o Please be ready to take your children home after training and games without delay and have them change (except for removal of skates) and shower at home.
- o Put snacks and food for your children in their backpacks since TMs will be unable to distribute it.

Parents will be allowed to watch games, but these will be held under Covid check regime. No tests will be available at the rink for parents.

Rules for Coaches

Coaches must wear masks for the whole time when inside the rink. The mask may only be removed before going on ice for training.

Coaches must come dressed to the rink (except skates) and use the space around the rink to put on their skates (the rink intends to install benches). Coaches must also be ready to remove skates and leave the indoor rink as soon as possible after coming off the ice at the end of training or games and change and shower at home.

Any material used for off -ice training must be disinfected by the Coaches after each training.

Rules for the Team Manager

TMs should enter the rink only to assist at the bench with games and otherwise when acting as Covid Monitor during training and games. For trainings, when kids are on ice, TM will be requested to leave the rink. Masks must always be worn. No food may be distributed to players.

TMs are primarily responsible to attend in person each training session and game of their team to act as Covid Monitor or to designate another parent to act as Covid Monitor in their place. In particular:

- o TMs should maintain a roster of Covid Monitors and ensure that those rostered to act as Covid Monitors attend the rink in accordance with the roster.
- o In case no Covid Monitor is available to attend a training session or game, the TM should cancel the training or game with as much advance notice to parents, coaches and the Board as possible.
- o Note that on-ice coaches cannot act as Covid Monitors!

Rules for the Covid Monitor

The designated Covid Monitor for any training session or game is responsible to be at the rink during the relevant training session or game in person to monitor and ensure compliance with these rules by the players and other Participants. However, he will be asked to leave the rink as soon as kids are on ice.

In case a designated Covid Monitor cannot attend the training session or game for which they are rostered, it is their responsibility, in consultation with the TM or Board as applicable, to designate a replacement Covid Monitor in enough time.

I hereby acknowledge having read the above rules and will do my best to comply with them in the interests of other Participants and the Club.

Signature of the Participant

Name:

Activity (cross inapplicable): Player/Parent/Coach/TM