

Guidelines to follow during AB Contern's practice sessions

As long as the COVID pandemic is still in place

As part of the club's weekly programme, the coach decides from 07. September/October he resumes training with his team.

(he communicates the date chosen a few days in advance to Patrick Medinger who will inform the committee, the youth committee and the municipal administration)

In this context, it must be insured:

That the coach establish a list of attendance for each training session

This list should be sent after the training by e-mail to Patrick Medinger, Claude Mathieu and JeanLou Margue, who are the people who have contact with the commune and the concierge.

The coach must remind his players of the importance of following the instructions

The first principle: any player who has symptoms that may indicate COVID infection should be removed from training and sent home immediately! He risks endangering not only his direct entourage, but also the entirety of his team and the club, and at worst even the entire Championship

Everyone must put the mask on the way to and from the Hall and the hall, in addition to all the trips inside the Hall, e.g. by going to the toilet

At the entrance and exit, everyone must disinfect their hands to the vending machines that have been installed.

Except in special cases, changing rooms and showers will not be used for training.

The coach takes care to ensure that for each practice the balloons and other equipment to be used will be disinfected

The coach will wear a mask during the training sessions

Each player will only use their own can for water

Between two practice sessions, the doors of the Hall will be open, in addition to the technical installation that is in place and which changes the air in the room continuously.

Two teams that follow each other for their training session will make sure to stay separate as much as possible, e.g. by returning to the field only after the others have finished their session and left the field.

For sessions where more than 15 players (e.g. Butzen, Beginners,...) additional instructions will be established

For the Week of 07 .09 2020 we will use, when 2 teams train at the same times as Field 1 and Field 3 separated by the 2 curtains, I

For the Week of 07 .09 2020 when 2 teams train at the same times Field 1 and Field 3 will be separated by the 2 curtains, leaving the field 2 free

The team of players who have practice on Field 1 will enter the field through the first entrance the team that have practice on field 3 follows the corridor and enters the field through the 2nd entrance.

The AB Contern Committee August 31, 2020